



EGYPT-Friendly Travel Tips

TRAVEL INSURANCE:

Gospel Travel highly recommends a worry-free trip by purchasing Travel Insurance. Whether you have Gospel Travel purchase it for you or you obtain it on your own it is always a great idea when traveling internationally.

Medical requirements:

You are not required to receive any type of vaccine to enter to the country, except in the case of visiting areas affected with yellow fever, rage, or smallpox before visiting Egypt. Please bring your prescriptions in their original bottles, including over the counter medicines. It is also recommended to pack Tylenol, Claritin, tums, Emergen-C, Peptobismol, anti-diarrheal, hydrocortisone cream, bengay and sunscreen.

Currency:

The local currency is the Egyptian Pound (LE.) 1 E P= 100 piasters. You can exchange your money in banks or in the house of change of the hotel. The black market of changing money is illegal and can cause one serious problems.

Climate:

The best season to travel is during the months of October to April, when the temperature in Cairo is pleasant during the day and brisk during the night. The climate in Upper Egypt, Luxor, Aswan and Abu Simbel is pleasantly moderated. During the months of summer, the temperature in Cairo is warm and dry and in Upper Egypt the temperature is extremely hot. The visits should be carried out early in the morning.

Clothes:

During the months of winter: pack articles of clothing with wool like sweaters and a lighter jacket for the cool nights of Cairo. The women should carry comfortable clothing for the day, long-sleeved dresses and a semiformal dress for night events. The men should pack a suit and tie. Do not forget to pack a bathing suit if the tour includes visits to Aswan and Luxor or the Nile River cruise.

During the months of summer:

Carry comfortable and light clothing. Also some light sweaters for the cool nights.

For all seasons:

Carrying modest clothes and use shorts and bathing suits only while at the beach or pool. Its a good idea to cover ones shoulders and back during the outside tours. Women should cover their arms when visiting the mosques. Carry comfortable footwear for the tour days and for walking in the sandy desert. Sunglasses, hats, caps, and light scarves are recommended to protect you from harmful sun rays. For the Nile cruise, the attire is strictly informal. Suit and tie are not necessary.

Remember to pack:

Hand Sanitizer and mosquito repellent. A flashlight is very useful as well.

Useful Tip:

If you are planning to ride the camels while visiting the pyramids, please wear correctly fitting jeans or pants only.

Health Precautions:

Only drink bottles water without ice. Only eat at the hotel restaurants, the food will be well cooked. Peel all your fruits before eating and eat only cooked vegetables, or vegetables that can be peeled. During summer months, drink plenty of water and always carry bottles of water during the tour walks. Always carry sunscreen.

Electricity:

220 Volts, 50 cycles AC in Cairo and the majority of the areas except for Alexandria, in Heli—polis and in Maadi, where the electricity is 110 Volts, 50 cycles AC. The electrical sockets of wall are round like the European style.

Shopping:

Shopping in Cairo is a great adventure. You can purchase articles of wood, silver and gold jewelry, shoes, purses, belts, clothes and perfumes etc. You can even bargain to reduce the price up to two thirds of the original price!

Telecommunications:

We recommend buying a calling card for international calls.

Passports:

Your passport has to be valid minimum 6 month while traveling in Egypt.

Photography:

We recommend bringing your own camera and filming devices; buying them in Egypt is very expensive. Flash is needed so that the photos inside the monuments come out bright and clear. Permission from the Department of Culture is also needed to take pictures inside the museums, some of the tombs and the Museum Coptic. Maintain your camera inside a bag to protect it from the sand. It is not permitted to photograph bridges, ports, airports and other areas restricted (this clearly indicated by signs).

Free days and holidays:

Friday is the weekly day of rest. The Islam is the main religion of the country. The Islamic feasts are based on the lunar system and they change each year.

Schedule of commerce:

Open from 8:30 am to 1:30 pm and 4:30 pm to 7:00 pm every day, except on Friday. Many continue closed until Saturday.

Schedule of stores:

The stores open from 9 am to 1 pm and from 4:30 pm to 7:30 pm, although the majority of the stores in the Khan, the Khalili. Bazaar remains open until 9 pm.

Schedule of banks:

The banks open from 8:30 am to 1 pm each day except Sundays when the time changes: from 10 am to 12 noon. The banks close on Fridays and Saturdays. More useful tips: The Egyptians are friendly, generous and very proud of their culture. They are dedicated merchants with experience. Negotiating prices is very common.

Last but not least: If you are part of a group. Please:

- A.- Be on time. If you are late, you may miss a tour!
- B. - Do not separate from the group. If you do, we will stop the tour and look for you. The whole group may lose a site or two because of the time devoted to looking for you.
- C. - Ask the guide anything you want to know about the country, sites, or for good advice. He/she will do their best to help you.
- D. - your host is your spiritual leader. He or she will guide you spiritually during this tour, so that your experience will be one you remember for a lifetime.