



## Cuba

### **Day 1-**

Departure from Fort of France to Havana, Cuba

### **Day 2-**

Seminars at our Seventh Day Adventist Seminary in the morning. Then after lunch and our meetings we will go and visit the historic area of Havana, designated as a World Heritage site since November, 1979. Tour through the different squares, guided by a professor of Architecture. Upon returning, they will receive information about the urbanization of Vedado and Miramar. After a great day of exploring we will return to our hotel for dinner and relaxing.

### **Day 3-**

The Morning will be breakfast at the hotel and then we will have seminars at our local Seminary. After lunch we will partake in a guided Tour of the José Martí Memorial accompanied by a specialist of the institution, who will talk about the life and work of the most universal of all Cubans. After our tour we will return to the hotel for dinner.

### **Day 4-**

We will depart Havana and travel to Varadero. Here we will check into the hotel and have lunch. After lunch we will head to Bellmar, Matanzas and visit Cuba's oldest tourist attraction, according to local propaganda, lies 5km southeast of Matanzas and is 300,000 years old. There are 2500m of caves here, discovered in 1861 by a Chinese workman in the employ of Don Manuel Santos Parga. The entrance is through a small museum, and a 45-minute Cuevas de Bellamar visit leaves almost hourly starting at 9:30am. The caves on show include a vast 12m stalagmite and an underground stream; cave walls glitter eerily with crystals. After an afternoon of exploring we will head back to our hotel for dinner.

### **Day 5-**

Today we take a day to explore starting the day off with breakfast then heading to the Varadero Street Market. Here we will find local souvenirs which are one of the best things you can get to help your memories last a lifetime. The Varadero Street Market has many different kinds of vendors that sell all types of items from the local culture. The local people are extremely friendly here, and the prices on all of the items are amazing. You can pick up anything you are looking for from artwork, to local food items, to clothing. If you are looking to carry any souvenirs home with you, the Varadero Street Market is your place to find exactly what you are

looking for. Next we will stop for lunch and head to Josone Park. This nine hectares park, located in the center of Varadero. Ensnore yourself in this pretty green oasis. These landscaped gardens date back to 1940 and take their name from the former owners, José Fermín Iturrioz y Llaguno and his wife Onelia, who owned the Arechabala rum distillery in nearby Cárdenas and built a neoclassical mansion here. In this serene tropical oasis you'll find a lush tropical vegetation, many colourful birds, a nice artificial lake, a swimming pool, a kids playground, a bowling alley, a sugar-cane juice stand, a mini-golf course and boating on the lake. After taking in the sights we will head back to our hotel for some rest and get ready for dinner.

### **Day 6-**

We will depart after check out time and enjoy the morning on the beach. We will worship at the beach. We will travel back to Havana and be at our hotel before Sundown.

### **Day 7-**

We will have our Sabbath Service in Havana. Enjoy the day with lunch.

### **Day 8-**

We check out of our hotel and head to the airport to return home.